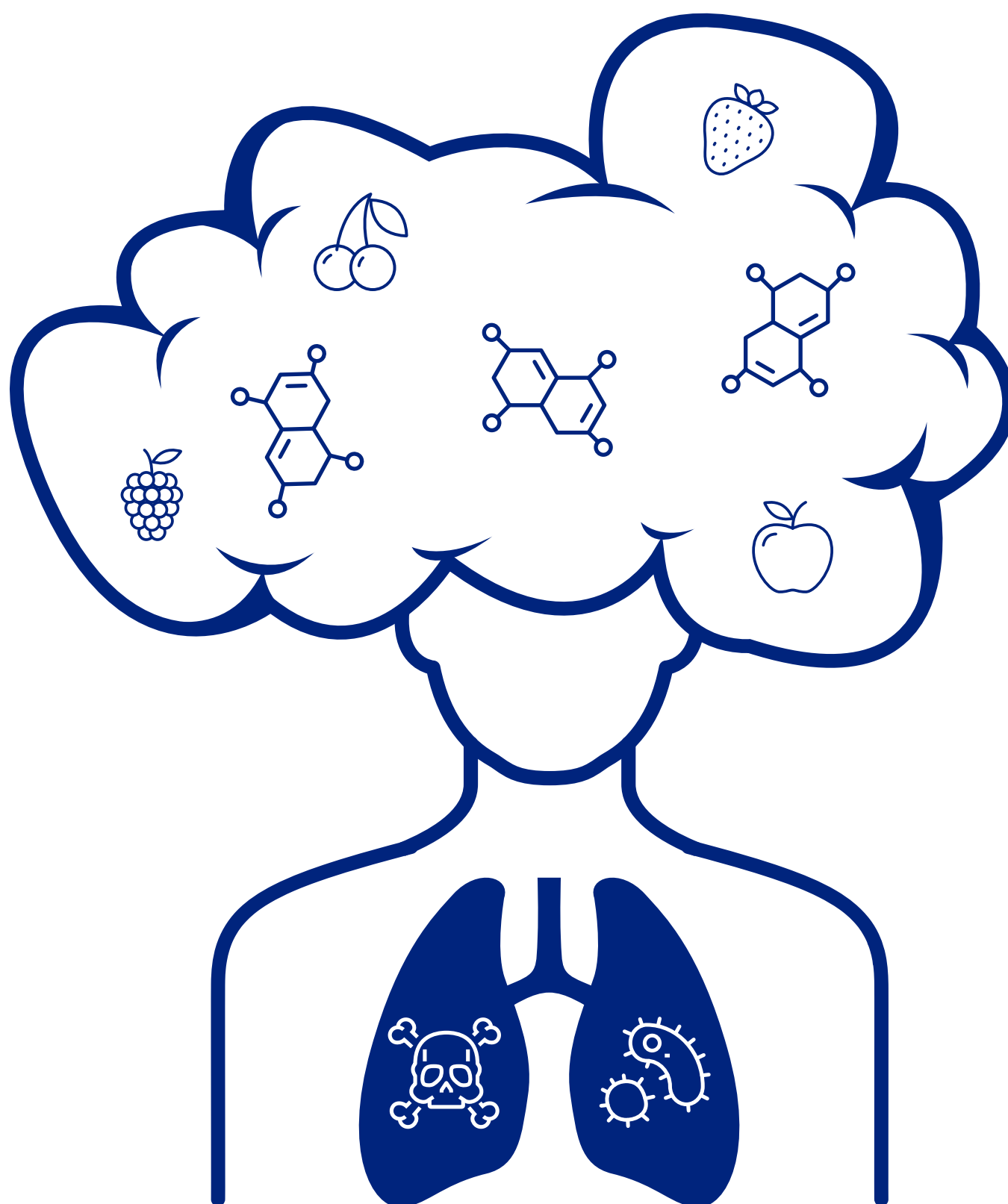




DO YOU KNOW WHAT YOU'RE INHALING?



It's not just fruit, it's nicotine! The flavours may seem appealing but the short-term health impacts of vaping may include: mouth or throat irritation, cough, shortness of breath, headache and nausea. Learn more before you try it!

For more information about vaping, please visit
OttawaPublicHealth.ca/TobaccoAndVaping

