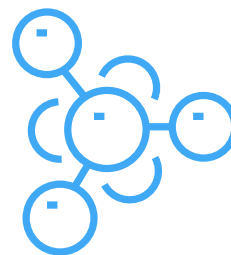


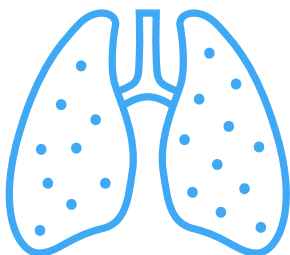


MA SIGAAR CABBA MID KALE DHIMAN BIYAHA?

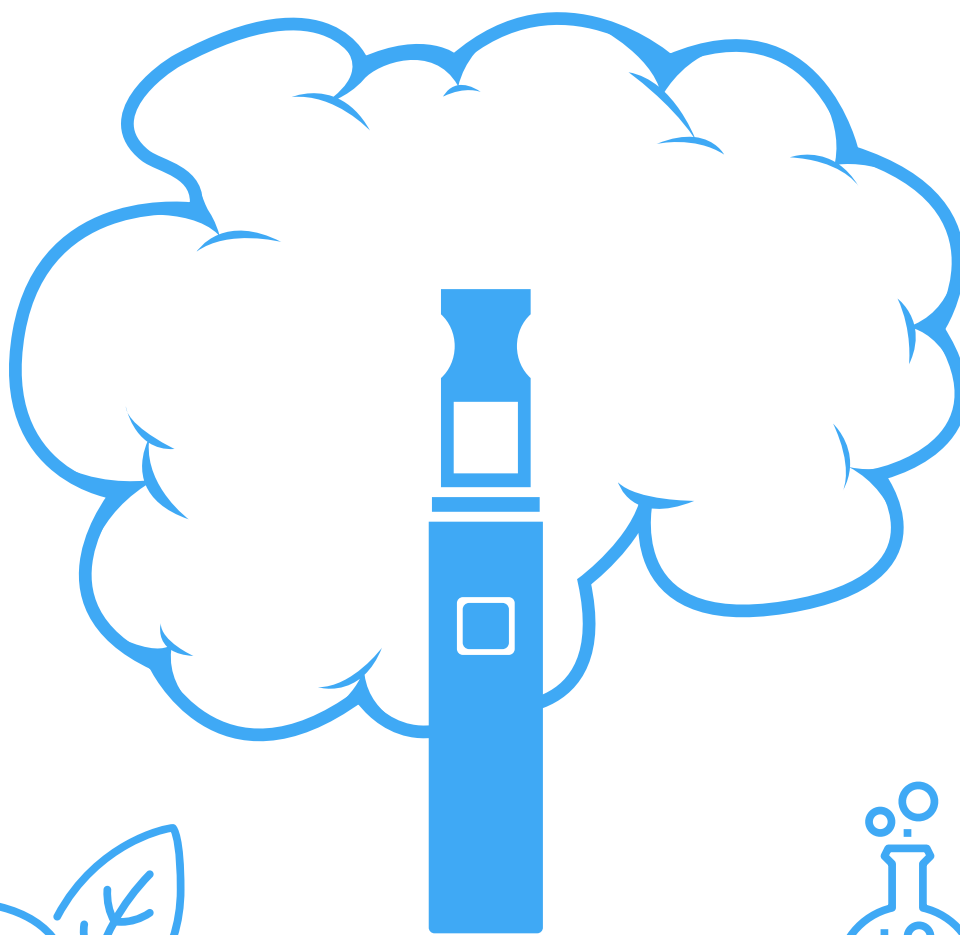
Biraha culus sida
nikkel, tiin iyo rasaas



Propylene glycol iyo
glycerol - kiimikooyinka
loo isticmaalo
dhadhanka

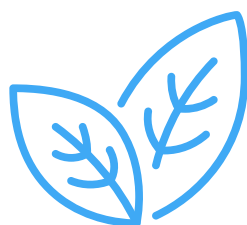


Qaybo yaryar ayaa
lagu nuugi karaa
sambabada



Kiimikooyinka
kansarka

Nikotiin



Iskudhisyo dabiici
ah oo kacsan

Maya. Ma ogtahay in warshaduhu aanay ahayn inay liis gareeyaan maaddooyinka? Tirada saxda ah ee kiimikooyinka laga helay vapes lama garanayo laakiin waxay noqon karaan kuwo dilaa ah, marka la kululeeyona, waxay noqonayaan kuwo aad khatar u ah.

Wixii macluumaad dheeraad ah oo ku saabsan sigaarka, fadlan booqo
OttawaPublicHealth.ca/TobaccoAndVaping

