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Diaper Change Routine

Instructions for diaper changes at a change table

1. Clean and disinfect the diaper change area.
2. Gather supplies for the diaper change.
3. Perform hand hygiene and put on a pair of new, single-use gloves.
4. Remove the soiled, single-use diaper, fold it inward and dispose of the diaper and used wipes in a garbage receptacle with a lid.
5. Place soiled clothing in a double-lined plastic bag, or a designated leakproof pail. Ensure the bag or pail is labelled with the child's name.
6. Remove gloves and dispose of these in a lined garbage receptacle with a lid.
7. Perform hand hygiene.
8. Dispense and apply diaper ointment or cream, if needed.
9. Place a clean diaper on the child and redress the child.
10. Perform hand hygiene and assist the child in washing their hands with soap and water.
11. If applicable, dispose of single-use diaper pad liner, or clean and disinfect reusable liner.
12. Clean and disinfect the diaper change pad, ensuring proper disinfectant contact time is fulfilled. Remember to clean and disinfect the sides and bottom of the diaper change pad at least once per day, as well as following any spills or leaks.
13. Perform hand hygiene.
14. Complete documentation.

For any questions, please contact the OPH Infection Prevention and Control Team at **ipac-pci@ottawa.ca**. Instructions based on Public Health Ontario *Infection Prevention and Control Guide for Child Care Centres*.

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