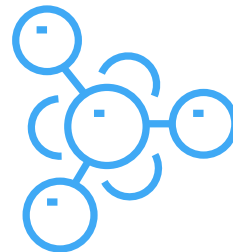


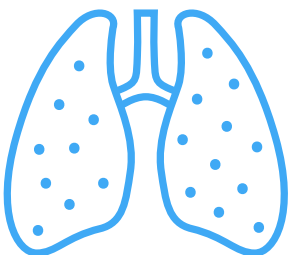


IS VAPING JUST HARMLESS WATER VAPOUR?

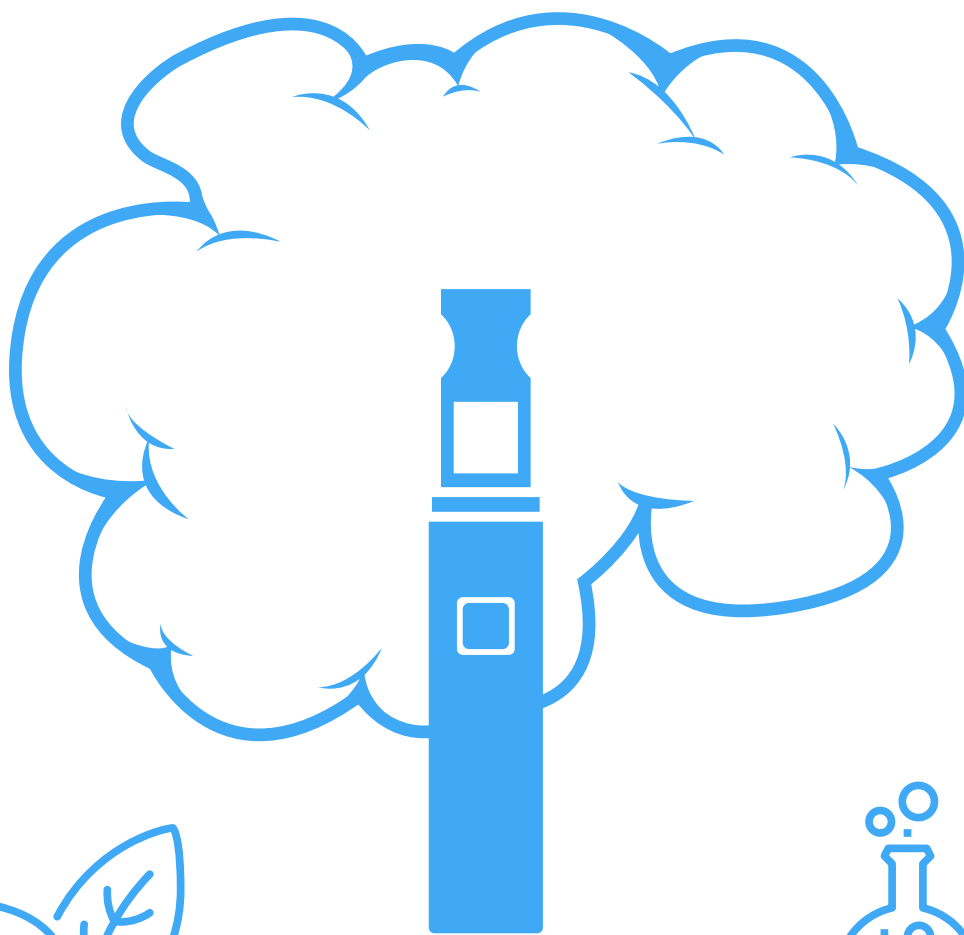
Heavy metals such as
nickel, tin, and lead



Propylene glycol and
glycerol - chemicals
used for flavouring

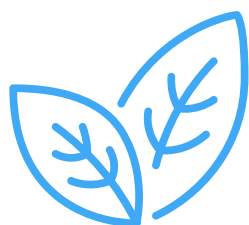


Ultrafine particles
that can be inhaled
deep into the lungs



Cancer-causing
chemicals

Nicotine



Volatile organic
compounds

No. Did you know the vape industry isn't required to list ingredients? The exact number of chemicals found in vapes isn't known but they can be deadly, and when heated, they become even more dangerous.

For more information about vaping, please visit
OttawaPublicHealth.ca/TobaccoAndVaping

